Fresh Flavours – Authentic Experiences

MID CANTERBURY FOOD & WINE TRAIL

2010/11

www.CanterburyFoodandWineTrails.co.nz

Explore other Canterbury Food & Wine Trails ...

www.**canterburyfoodandwinetrails**.co.nz

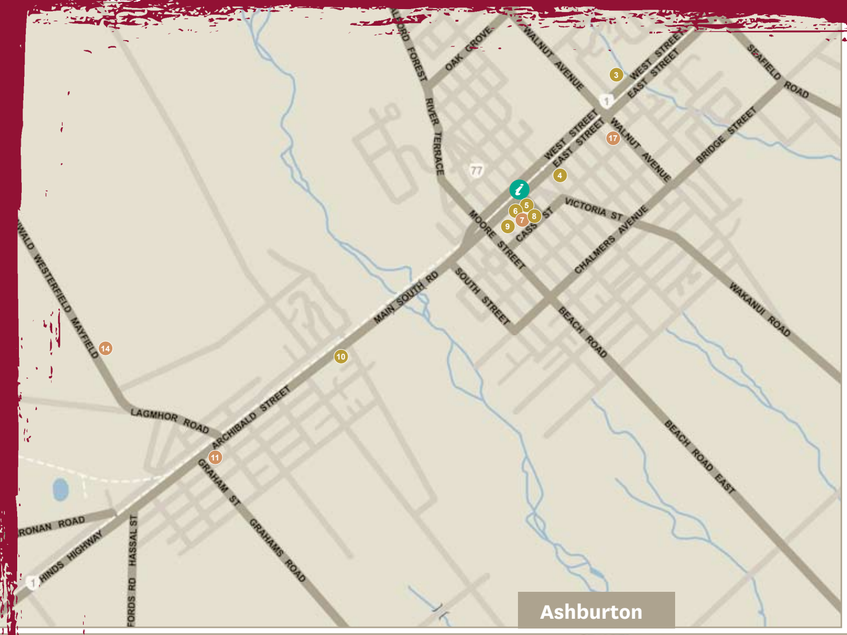
Visit the friendly, knowledgeable staff at Ashburton and Methven i-SITE Visitor Centres to help you with information and reservations throughout New Zealand for activities and attractions, tours, accommodation and transport (Bus, Ferry, Rail) services.

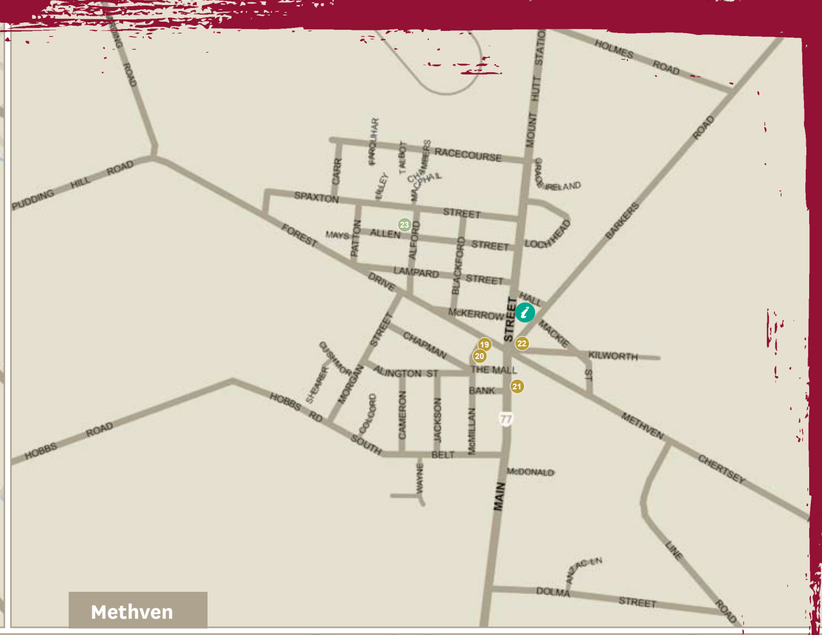
Guides available from the friendly staff at:

ASHBURTON i-SITE Visitor Centre
East Street, Ashburton
Phone: 03 308 1050
Fax: 03 308 1064
Email: ashburton@i-site.org

METHVEN i-SITE Visitor Centre
Main Street, Methven
Phone: 03 302 8955
Fax: 03 302 8954
Email: methven@i-site.org

i SITE Visitor Information





Please note these maps are a guide only. For detailed maps and directions, call into one of the i-SITE Visitor Centres listed on the back cover of this guide.

MID CANTERBURY FOOD & WINE TRAIL

fresh flavours
authentic experiences
fantastic food & wine
passionate people

... Taste the fresh flavours, meet the locals ...
Experience Mid Canterbury Delights!

Mid Canterbury's stunning landscape is framed by the Southern Alps, braided rivers and dramatic coastline.

Across the region and in the small country towns and villages of Rakaia, Ashburton, Mayfield, Mt Somers, Staveley and Methven...there are people with a passion for producing food and wine from this fertile and productive land.

Experience the local flavours that are showcased on the Mid Canterbury Food & Wine Trail and meet our very passionate locals.

Two weekend 'Farmers Markets' - Ashburton and Methven showcasing the best in local produce

Unique high country stations and alpine ski area dinning experiences

Handmade Bullrush chocolates, Staveley sausage rolls
Petit Café lemonade and treats, Hemp oil
Honey dew premium honey, Southberry berries
Crozier free range turkeys... just to tempt you for starters

Cellar door tastings at the CharRees Winery

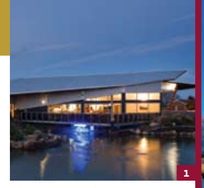
Destination café's and restaurants serving fresh regional cuisine and offering quirky and comfortable surroundings

Retreat and boutique accommodation incorporating the best local produce

Take time to explore, enjoy the tranquillity of the countryside and experience the local flavours produced from this land.

When touring the Mid Canterbury Food & Wine Trail please be aware of the opening hours of different businesses listed and if you are travelling some distance, it is always worth a quick phone call to check they are open.

Salmon Tales



Situated in the newly opened Salmon World Complex, Salmon Tales Café is the ideal place to break your journey, meet friends or just spend some time.

Feeling hungry? Try our licensed Salmon Cafe and Restaurant which boasts tasty food made using fresh local ingredients, accompanied by locally sourced fine wine and exceptional coffee, all served with a smile.

Our menu covers a variety of dishes created with local salmon as well as non salmon alternatives. Relax and enjoy your coffee or food on our large outdoor deck overlooking the scenic outdoor salmon pond.

1

9 Railway Terrace East, Rakaia
p: 03 303 5450
e: enquiries@salmontales.co.nz
w: salmontales.co.nz

Open: Mon-Wed, 8am-5pm
Thu-Sun, 8am-late

The Lake House
Bistro, Café & Bar

"Delectable cuisine, fine wine and incredible views- the Lake House secret". The newly opened Lake House is one of the Canterbury region's most exhilarating lake front dining venues - with a delectable difference.

Whatever your wish... a romantic evening by the lake... a sumptuous lunchtime meeting point in a relaxed open atmosphere... a visual and culinary backdrop to an important occasion – the Lake House will provide you with a memorable location with unforgettable service and attention to detail.

We can cater for tours and groups of 3 – 300 serving coffees, Devonshire teas, brunch, lunch dinner and bar snacks.

12

10 Huntingdon Avenue, Lake Hood, Ashburton
p: 03 302 6064
e: thelakehouse@lakehood.co.nz
w: the-lakehouse.co.nz

Open: 10am-late, 7-days

new hemisphere™
Hemp Seed Oil

new hemisphere™ Hemp Seed Oil is a miracle of nature, offering fantastic nutritional, health and skin care benefits. Our oil is created from seed grown without agri-chemicals and is produced in a GMO & GE free production process & good taste has never been so fabulous!

Oil Seed Extractions is New Zealands' exclusive manufacturer and distributor of new hemisphere™ Hemp Seed Oil products, a team dedicated to producing high quality oils, locally grown & produced.

new hemisphere™ products are available at Stavely Store, Health Shops & Delis.

17

p: 0800 HEMPOIL (436 7645)
e: info@nzhempoil.co.nz
w: nzhempoil.co.nz

Beluga
Luxury Lodge

Beluga Luxury Lodge is a beautifully restored traditional kiwi villa set in an acre of mature gardens ...offering the perfect luxury-break destination.

We offer some of Canterbury's most delicious wines – best savored in front of the open fire in winter, or on the deck on a summer evening.

There is a great selection of teas and coffees, fruit and snacks available to our guests at all times and we serve up a delicious breakfast every morning focusing on local produce and suppliers - cooked to order during the winter and continental during the summer.

Qualmark 4+ star Guest & Hosted.

23

40 Allen Street, Methven
p: 03 302 8290
e: info@belugalodge.co.nz
w: belugalodge.co.nz

Open: All year round

Up Coming Events

Big Ashburton Indoor Market

Local market-goers will soon turn their backs on the elements in favour of more settled trading conditions. On the first Saturday of the month during winter from 10am to 4pm, Ashburton Racecourse, Racecourse Road.

Ashburton Boulevard Day

Boulevard Day is an annual festival where both sides of Ashburton's main street are fill with over 100 sites full of bargains. All day entertainment & food. Annual on South Canterbury anniversary day from 9am to 5pm, East Street, Ashburton.
Dates: 27th September 2010, 26th September 2011

Forest Lodge Oktoberfest

Annual during the Methven/Mt Hutt Spring Fest from 7pm, Forest Lodge, Methven. Methven's famous Oktoberfest - a celebration of Bavarian traditions, beer, costume, and live music.
Dates: 20th September 2010, 23rd September 2011

Steel-Worx Jug n Curry Nights

Weekly during winter from 7pm on a Tuesday. Head along to Steel-Worx Restaurant & Bar for their famous $12 jug n curry followed by live music.

Methven Summer School

Annual in January (around the second week), Mt Hutt College, Methven

Methven Summer School offers adult education courses in gardening, golf, fly fishing, arts, food, writing and crafts. Methven Summer School offers high quality tutors in a social atmosphere.

Dinner with the Stars

Every Friday night in July and September from 6.30pm, Huber's Hutt, Mt Hutt Ski Area. Join Mt Hutt for dinner and an evening of entertainment under the stars. Enjoy a meal at Huber's Hut high-country restaurant followed your choice of outdoor activities.

Multi Cultural Bite

Annual on Waitangi Day 6 February from 11am to 3pm, Baring Square East, Ashburton. Waitangi Day weekend, gives us the chance to celebrate all cultures in a festival of food and dance and encourage people to come down on the day and try international flavours in bite size cuisine.

Dates are subject to change, for updated information, please visit:
www.ashburtondistrictevents.co.nz

Crozier Turkeys

Producers of 100% free range New Zealand turkeys, on the outskirts of Ashburton.

The delicious flavour in Crozier's Turkeys is linked to lifestyle, diet and processing, due largely to their free-range lifestyle in the sun and in part to their diet which includes natural grain Crozier's Turkeys are not only hand-reared but also hand-processed.

Available from Ashburton Trading Society, Netherby Meats, Allenton Meat Centre and the Ashburton Farmers' Market.

2

58 Dromore Station, Ashburton
p: 03 308 9500
e: office@crozierturkeys.co.nz
w: crozierturkeys.co.nz

Open: 9am-4:30pm, 7-days

Bullrush
Chocolates

Welcome to the dark side!

Come sample the taste sensation that is Bullrush Chocolates and see for yourself the wonderful kiwiana shop in the heart of Ashburton, that has everyone excited!

Here at last is chocolate put together with wonderful unique flavours. Try our truly rich and velvety dark chocolate truffle if you dare or some of our exotic flavours like bitter chocolate combined with raspberry and wasabi.

Whether it's a decadent night in, a present to your staff or clients, or a function we can supply all your chocolate cravings...and then some...

7

208 Burnett Street, Ashburton
p: 03 307 2508
e: bullrushchocs@gmail.com
w: bullrushchocolates.co.nz

Open: Mon-Fri, 9am-5pm
Sat, 10am-2pm

CharRees Vineyard

CharRees is a small family owned boutique vineyard situated just off State Highway One on the southern edge of Ashburton.

We are passionate about producing quality wine as opposed to quantity hence we put a lot of labour of love in the vineyard.

Come and taste our wines, which are produced from selectively hand harvested grapes for optimum flavour from this terrior.

"We looking forward to seeing you soon"

13

22 Laings Road, Ashburton
p: 0800 CHARREES - 0800 242 773
m: 0274 846 269
e: wine@charreesvineyard.co.nz
w: charreesvineyard.co.nz

Open: Cellar Door Tasting and Sales:
Wed-Sun, 11am-4pm
or by appointment

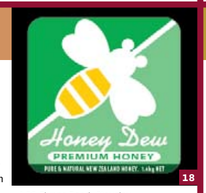
Midlands
Apiaries Ltd

Midlands Apiaries Ltd (MAL) operates from a small village on the Eastern flank of the Southern Alps, overlooking the Canterbury Plains.

This pristine location produces some of the worlds finest honeys including our creamy rich Clover Honey and our unique Honey Dew which is collected from the native black beech forests of the foothills.

Pure, local and natural!

Product available from Staveley Store



18

162 Flynns Road, Staveley
p: 03 308 1265
e: office@midlands.co.nz
w: midlands.co.nz

Hubers Hut

Huber's Hut is located on Mt Hutt Ski Area during the winter months.

We offer an alpine feel in a cosy and intimate setting.

With great country food and excellent selection of beverages.

The views from Huber's Hut will not disappoint.

24

Mt Hutt Ski Area
p: 03 302 8811
e: service@mthutt.co.nz
w: nzski.com

Open: Jun-Oct: 9am-4pm, 7-days

Robert Harris
Café

You will receive a warm welcome from us and the combination of expert espresso and a wide range of delicious food.

Yes, we concentrate on producing coffee that's second to none, however we offer a delicious range of snacks and meals – baked fresh in the cafe every day – to tantalise your taste buds, and we create an environment that's custom-designed to help you relax.

Wi-fi is also now available for your convenience

3

361 West Street, Ashburton
p: 03 307 6377
e: ashburton@rhcafe.co.nz
w: robertharris.co.nz

Open: 7am-4:30pm, 7-days

Braided Rivers
Restaurant & Bar

Versatility, elegance and a vibrant atmosphere, at the newest restaurant in the region, with delectable cuisine from a range of menus.

Try our 'gold standard' juicy local steaks cooked using the only Montague Steakhouse Broiler of its kind in the South Island.

Dining options from the elegant restaurant to a courtyard with retractable roof and casual patio-style seating.

Enjoy our selection of local and imported wines, to compliment your meal.

8

Corner Burnett & Cass Street, Ashburton
p: 03 307 2540
e: mark@braidedrivers.co.nz
w: braidedrivers.co.nz

Open: Mon-Sat, 11am-late
Sun, 10am-late

Southberry

Southberry is a family owned and operated berry farm, our berries are picked fresh daily for our shop or you can come and pick your own berries straight from the vines

- RASPBERRIES
- BLACKBERRIES
- RANUI
- BLACKCURRANTS
- BOYSENBERRIES
- TAYBERRIES
- REDCURRANTS
- GOOSEBERRIES

We also supply frozen berries, free flow and in jam packs.

14

56 Tinwald Westerfield Mayfield Road, Ashburton
p: 03 308 1338
e: info@southberry.co.nz

Open: Nov-Feb: 9am-6pm, 7-days.
Rest of year by appointment

Primo

Don't miss this wonderful café, specialising in classic Kiwi food and culture. A variety of interesting Kiwi collectibles are on display while enjoying your breakfast of the homemade granola or pancakes!

Stop by for a date scone with a coffee, and then browse the retro furniture, tea cozies, colorful fabrics and crockery, and just try to resist making a purchase. This eclectic bric-a-brac store-come-café is filled with homemade treats to make Martha Stewart salivate.

A store & café with a difference ... fabulous and fresh ... eat in or takeaway. Allpress Coffee. Groovy Jewellery, NZ collectibles.

19

38 McMillan Street, Methven
p: 03 302 9060
e: primosecundo@gmail.com

Open: 7am-5:30pm, 7-days

Taste Café

Taste Café is situated in Ashburton just off the state highway.

At Taste we pride ourselves on fantastic coffee and food; everything is cooked on the premises from fresh local produce.

We have a great range of food from our cabinet to our menu board.

The perfect place whether it be for breakfast, lunch, coffee & cake or a nice glass of wine outside in the sun.

4

149 Wills Street, Countdown Complex, Ashburton
p: 03 307 0307
e: kimbaynes@orcon.net.nz

Open: Mon-Fri, 7am-5pm
Sat-Sun, 9am-4pm

Twelve
Wine Lounge and Tapas

Experience the divine style of tapas.

Small portions of delectable dishes cover the table while you relax with friends and a glass of fine wine indulged in great conversation.

Twelve is excited to be able to provide a sophisticated comfortable venue for all occasions. We can work to provide food and drink to suit your tastes.

Relax on the leather couches in our red room, ideal for smaller groups, or book twelve in its entirety for events up to 50 people

9

65 Tancred Street, Ashburton
p: 03 308 7014
e: chantelle@twelvewinelounge.co.nz
w: twelvewinelounge.co.nz

Open: Tues, 4pm-late
We-Sat, 12pm-late

Lake Heron
Station

Become part of the high country at Lake Heron Station. Join us for an exclusive guided journey over one of New Zealand's oldest and most spectacular farming properties.

We specialise in tailor-made experiences combining fabulous food, exclusive locations and memorable journeys. Whether you wish to hike, fly or 4WD, we make it happen. We take our guests to remote private huts, beautiful glaciated ranges and high tussock basins - with specialist guides and the very best of high country cuisine. From challenging 3 day walks to afternoon heli-picnics, our mountainous landscapes provide an authentic back-drop for special occasions and sensational holiday experiences.

15

2504 Hakatere-Heron Road, Mt Somers
p: 03 303 9014
e: info@lakeheron.co.nz
w: lakeheron.co.nz

Open: Year round

Arabica
Licensed Café

Enjoy consistently good food served with style by internationally experienced chef in the heart of Methven.

With a menu to suit all tastes and appetites, from a selection of local and Canterbury product, the sheltered courtyard and polished floorboards give Arabica a relaxing and cozy atmosphere.

Award Winning Vivace Espresso.
Fully licensed.
Gluten Free options.

"Good Food, Wine & Coffee is our Business"

20

36 McMillan Street, Methven
p: 03 302 8455
e: dhsheldon@elive2u.co.nz

Open: Nov-May: Tue-Sun, 9am-4pm
Fri, 9am-late
Jun-Oct: Tue-Sun, 8am-4pm
Thu-Sat, 8am-late

Terrace Downs
Resort

Experience luxury in the High Country with an ultimate escape at one of New Zealand's premier destination Resorts.

Set amongst manicured grounds and a championship 18 hole golf course, the Resort features many gorgeous onsite dining venues, a range of exciting and challenging activities, a luxurious day spa and exquisite accommodation.

Terrace Downs is perfect for a weekend away or for a visit on your way past.

To find out more about this stunning leisure destination please check online.

25

Coleridge Road, RD 2, Darfield
p: 03 318 6943
e: rosie@terracedowns.co.nz
w: terracedowns.co.nz

Open: Sun-Wed, 9am-6pm
Thur-Sat, 7:30pm-late

Farmers Markets

Ashburton Farmers Market

Fortnightly on Saturdays from 9am to 12pm from October to April, West Street car park. The Ashburton District Farmers' Market is a regular, fresh, quality, food market that promotes direct sales from producer to consumer.

Methven Farmers Market

Fortnightly on Sundays from 9.30am to 12.30pm from October to April, special markets are held in conjunction with other events. Held every second Sunday morning on the Main Street of Methven, around the Centennial Oak in the Square. If you don't come for a wander round either of these two markets then you are missing something very special!

Regular Stall Holders

- Turnbulls Meats - Braesby Farms Natural Honey - Fat Alberts
- Smoke House - Julie-Ellen's Tomato Sauce - The Coffee Guy
- Barkers Lodge Bagel Chips - Bullrush Chocolates - Staveley
- Baking Co - Azza and Cazza's Gourmet Delights - Mickey
- Marr's Spuds - Marlene's Breads - Get Saucy - Annies Eggs
- Peonie Flowers - Croziers Free Range Turkeys - Fuschias
- RITS - Braesby Farms Natural Honey - Cheeky Chutney

Markets operate October or November to April
www.marketground.co.nz/fmnzmethven
www.marketground.co.nz/fmnzashburton

The Somerset
Grocer

At the somerset grocer, we take pride in bringing you the best local produce, in a great atmosphere. You'll encounter new products and tasty delights with each visit.

The Somerset café offers breakfast and lunch from a fresh seasonal menu. Enjoy a local wine and cheese platter with friends or select a special bottle to take home. Browse our shelves for a unique ingredient to bring your next meal to life, or chat to our team about the perfect addition to spice up your shopping basket.

With gourmet products sourced locally and throughout New Zealand, the somerset grocer will have something to tempt you.

5

Ground Floor Somerset House, Corner East & Burnett Street, Ashburton
p: 03 307 5899
e: manager@somersetgrocer.co.nz
w: somersetgrocer.co.nz

Open: Mon-Fri, 8am-5:30pm
Sat, 9am-3pm

Lushingtons Café

This Family owned and operated, garden centre and café complex is well worth a visit.

When stepping into Lushingtons you are faced with a dilemma; does one delve into the fabulous gardening and giftware section or does one indulge and retreat to the homely boarders of the deliciously-designed country-themed café with shelves lined with delectable goodies?

The café's homestead feel gives a sense of coming home.

10

5 Archibald Street, Tinwald, Ashburton
p: 03 308 6857
e: sophie@lushingtons.co.nz

Open: 9am-5pm, 7-days

Staveley Store and Café

16

Award winning coffee!

The Staveley Store is famous not only for our coffee but also for our range of homemade sausage rolls. Available in eight flavours including bacon and cheese, leek and mushroom, original, cheese and pineapple and curry these sausage rolls are truly delicious.

Enjoy freshly baked cakes, slices and muffins and friendly hospitality in our country store. Gluten free and vegetarian options are a speciality.

Taste a refreshing glass of Petit Cafe old-fashioned lemonade or a spiced hot lemon toddy. Petit Cafe products include delicious dessert sauces in Lemon, Wildberry and Blackberry and lemonade syrups so you can enjoy our products at home.

Take time to visit historic Staveley Village. Experience the Sharplin Falls walk, horse trekking, Adventure Argos or in winter enjoy our outdoor ice-skating rink.

1 Boyds Road, Staveley
p: 03 303 0859
e: beanpig@xtra.co.nz

Open: 9am-5pm, 7-days

The Last Post

Experience the excellent cuisine, fantastic atmosphere & roaring open fire in this beautiful historic building. The original Methven Post Office now provides a contemporary and relaxed place to spend your evening - whether enjoying the superb cuisine or just relaxing with a drink on the sofas.

We aim to excel in food, wine and service. Our menu is mainly modern kiwi style, with some European and Asian influence in the mix – our range of dishes ensure that there is something for everyone. We go the extra mile to ensure that all our meat and produce is of the highest standard and we use local suppliers where possible.

21

116 Main Street, Methven
p: 03 302 8259
e: lastpostcafe@ihug.co.nz
w: thelastpostrestaurant.co.nz

Open: Nov-May: Please visit website
Jun-Oct: Mon-Sat, 5pm-late

Double Hill
Station

Enjoy a truly unique experience and a taste of the most spectacular mountains you will see anywhere in New Zealand. Come stay in comfort and privacy right in the heart of the Southern Alps.

Join us for a hearty high country breakfast using our own farm raised bacon and eggs. Enjoy nature walks on the farm or treat yourself to one of our unique adventures in our helicopter. Explore the breath taking glaciers of the Main Divide and in a truly wild location have a bbq or champagne picnic packed full of local produce. At the end of an exhilarating day unwind in our gas fired outdoor hot tub and relive an experience you will never forget!

26

Double Hill Runs Road, Upper Rakaia River Valley
p: 03318 5838
e: doublehill@farmside.co.nz
w: doublehillstation.co.nz

Open: Year round

Nosh Café

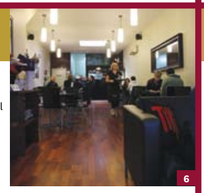
This multi award winning eatery has been nourishing the locals and travelers from around the globe, with menus of fresh regional cuisine, hand crafted on premise. Famous for the monthly 'Nosh Up'.

An ideal stop for breakfast, lunch, dinner, or coffee and a snack.

Spray free and free range produce. Exciting wine and beer lists and 100% organic & fair trade coffee.

We can cater for special occasions for groups of up to 30.

Come and relax in a fun friendly environment.



6

160 Burnet Street, Ashburton
p: 03 307 0070
e: iseeu@xtra.co.nz

Open: Mon-Wed, 8am-5pm
Thur-Fri, 8am-late
Sat, 9am-late
Sun, 9am-2:30pm

Sims Bakery

Operating for 50 years, Sims bakery, prides itself in providing the best range of top quality sweet and savory treats, ready for you to enjoy.

Including cakes, pies, breads, old style breads, and gluten free products baked fresh on site by their highly skill team.

Sims are specialists in cake decorating for your wedding, birthday anniversary and special occasions.

You don't get much better than this!

11

123 Main South Road, Tinwald, Ashburton
p: 03 308 5774
e: simsbakery@slingshot.co.nz

Open: Mon-Fri, 5am-5pm

The Blue Pub

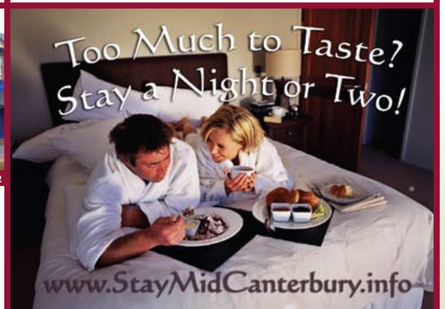
The world Famous Blue Pub renowned for good food, great service and friendly hospitality is the place to go for both the discerning diner and the hungriest sportsman.

Chose from our a la carte menu or our pub grub menu, with a good wine to supplement the food.

Enjoy either in our café, on the verandah or simply just pull up a stool.

To top off the experience, our desserts hand crafted in house are there for the begging and bound to meet even the most discriminating sweet tooth needs!

22

1 Barkers Road, Methven
p: 03 302 8046
e: luke@thebluepub.co.nz
w: thebluepub.co.nz

Open: 12pm-late, 7-days